

# IS ACID EATING YOU ALIVE ???

This powerful checklist may surprise you !!!

Discover if you are a candidate for degenerative disease.....  
And find out how easy it is to ALKALIZE your body for better health.

## Beginning Symptoms:

- Acne
- Agitation
- Muscular pain
- Cold hands and feet
- Dizziness
- Low energy
- Joint pains that travel
- Food allergies
- Sensitivities to odors, gas heat, etc.
- Hyperactivity
- Panic attacks
- Pre-menstrual & menstrual cramping
- Pre-menstrual anxiety & depression
- Lack of sex drive
- Bloating or heartburn
- Diarrhea or constipation
- Burning urine
- Strong smelling urine
- Mild headaches
- Rapid panting breath
- Rapid heartbeat
- Irregular heartbeat
- White coated tongue
- Difficulty waking up
- Excess head mucous (stiffness)
- Metallic taste in mouth

## Advanced Symptoms:

- Crohn's disease
- Schizophrenia
- Learning disabilities
- Hodgkin's disease
- Systemic Lupus Erythematosus
- Multiple Sclerosis
- Sarcoidosis
- Rheumatoid arthritis
- Myasthenia gravis
- Scleroderma
- Leukemia
- Tuberculosis
- All other forms of cancer

## Intermediate Symptoms:

- Cold Sores (Herpes I & II)
- Depression
- Loss of memory
- Loss of concentration
- Migraine headaches
- Insomnia
- Disturbances in smell, taste, vision, hearing
- Asthma
- Bronchitis
- Hay fever
- Earaches
- Hives
- Swelling
- Viral infection (colds, flu)
- Bacterial infections (staph, strep)
- Fungal infections (candida albicans, athlete's foot, vaginal)
- Impotence
- Urethritis
- Cystitis
- Urinary infection
- Gastritis
- Colitis
- Excessive hair loss
- Psoriasis
- Endometriosis
- Stuttering
- Numbness and tingling
- Sinusitis

Our bodies are 70% water, and blood is 90% water. Healthy blood pH is 7.35 – 7.45. Crabs die when the water reaches a pH of 6; fish die at a pH of 3. The “soft drinks” we love are at a pH of 2.5!!! Doesn't it make sense to drink alkaline water???

**For more information call:**

**From: “ALKALIZE OR DIE” by Dr. Theodore A. Baroody, Jr.**

